

JODY CONRADI STARK, Ph.D., MT-BC

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Detroit, Michigan 48223
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EDUCATION

Ph.D. in Music Education/Music Therapy 2012
Michigan State University
East Lansing, Michigan

Dissertation Title:
*Perceived Benefits of Group Music Therapy for Breast Cancer Survivors:
Mood, Psychosocial Well-Being, and Quality of Life.*

M.A. in Communication/Theatre Arts - Arts Administration 1990
Eastern Michigan University
Ypsilanti, Michigan

Special Project Topic: *Strategic Planning for Non-Profit Organizations*

B.A. in Music Therapy 1983
Colorado State University
Fort Collins, Colorado

Music Therapy Internship (1983-1984):
University of Michigan Psychiatric Hospitals
Ann Arbor, Michigan

CERTIFICATION

Music Therapist-Board Certified (MT-BC) 1998 - Present
Board Certified Music Therapist #938

Registered Music Therapist-Board Certified (RMT-BC) 1983 - 1998
NAMT Registered Music Therapist #4724
Board Certified Music Therapist #938

ADVANCED & ADDITIONAL TRAINING

The Bonny Method of Guided Imagery and Music, Levels I & II 2007 - 2009
Institute for Music and Consciousness
Anna Maria College
Trainers: Lisa Summer, Ph.D., LMHC, MT-BC, FAMI;
Cathy McKinney, Ph.D., MT-BC, LCAT, FAMI;
Anthony Meadows, Ph.D., MT-BC, LPC, FAMI

Performance Wellness, Level I 2004
Austin, Texas

Music Together Early Childhood Music Teacher Training 2000
Farmington Hills, Michigan

PROFESSIONAL EXPERIENCE

EASTERN MICHIGAN UNIVERSITY 2012 - Present
SCHOOL OF MUSIC AND DANCE
Ypsilanti, Michigan

Music Therapy Clinical Supervisor (2012-Present)

Provide supervision for EMU Music Therapy Center and community placements, including Berkley Schools Avery Early Childhood, Just Us Club (Ann Arbor), Washtenaw Intermediate School District Young Adult Program, and individual clients.

Part-Time Lecturer, Music Therapy (2012-2017)

Courses previously taught include:

MUSC 103: Introduction to Music Therapy
MUSC 109: Music Therapy Improvisation Ensemble I
MUSC 236: Pre-Internship Clinical Training in Music Therapy I
MUSC 238: Methods and Materials in Music Therapy
MUSC 303: Music Therapy Clinical Approaches
MUSC 304: Music Therapy Professional Skills
MUSC 309: Music Therapy Improvisation Ensemble III
MUSC 409: Music Therapy Improvisation Ensemble IV
MUSC 427: Pre-Internship Clinical Training in Music Therapy V
MUSC 428: Pre-Internship Clinical Training in Music Therapy VI

Music Therapy Clinical Supervision Volunteer Service (2016-2017)

Participate in monthly events hosted by SARN (Syrian American Rescue Network) Family Health Program providing music therapy for refugee children with EMU Students.

Music Therapy Center Coordinator (2012-2014)

Provided oversight and supervision of onsite music therapy services.

Visiting Lecturer, Music Therapy (Fall, 2008)

Taught the following courses:

MUSC 103: Introduction to Music Therapy
MUSC 236: Pre-Internship Clinical Training in Music Therapy I

HEARTLAND HOSPICE 2010 - Present
Southfield, Michigan

Music Therapist-Board Certified

Provide music therapy services for hospice patients, bereavement events, and Children's Camp.

MICHIGAN STATE UNIVERSITY-COLLEGE OF MUSIC 2009 - Present
COMMUNITY MUSIC SCHOOL DETROIT
Detroit, Michigan

Site Director, Music Therapy Clinical Services

Developed and supervise the music therapy clinical services program located at the MSU Detroit Center in Midtown Detroit.

Collaborate with CMS-Detroit Director for private and foundation grant proposal writing and implementation.

Awards include:

Children's Hospital of Michigan Foundation (2017-2019)

Awarded \$32,000 (2017), \$55,200 (2018), and \$62,500 (2019) for reinstatement of music therapy services.

Flinn Foundation (2017)

Awarded \$25,000 for "Music Therapy Early Intervention for Children with Autism."

PROFESSIONAL EXPERIENCE continued

PNC Bank Foundation “Early Music, Early Learning” (2012-2019)

Awarded \$10,000 annually for music and movement therapy sessions for early childhood at-risk minority populations (African American children residing in temporary housing, non-English speaking Hispanic and Arabic children).

Music Therapy Clinical Supervisor (2009 – Present)

Children’s Hospital of Michigan, Detroit Medical Center (2017)

Clinical Supervision of CMS Detroit Music and Dance/Movement Therapists.

Clinical Supervision of Eastern Michigan University Practicum Students.

Music Therapist-Board Certified

Provide individual music therapy for children and adults diagnosed with Autism Spectrum Disorder, Down’s Syndrome, and Intellectual and Developmental Disabilities (2009-Present)

Children’s Hospital of Michigan (2018-Present)

Karmanos Cancer Center Healing Arts Program (2017-Present)

Detroit Institute for Children SLIDE Program (Summers 2018-2019)

Greater Detroit Agency for the Blind and Visually Impaired (2011-2017)

Sickle Cell Disease Association of American-MI Chapter (2016)

Detroit Public Schools Parent Network Centers (PNC Bank Grant) (2012-2016)

Coalition on Temporary Shelter (COTS) (2010-2016, 2018)

Judson Center (2014)

The Children’s Center (2011-2013)

St. John’s Hospital “Kids on the Go” (2010-2012)

Southwest Solutions Piquette Square (Residence for Veterans) (2012)

Charles R. Drew Transition Center (Detroit Public Schools) (2011-2012)

CREATIVE ARTS THERAPIES, INC.

1991 - Present

Detroit, Michigan

President and Owner

Developed and provide oversight of a company providing music, dance/movement, and art therapy services to community agencies and private clients throughout the metropolitan Detroit area and Southeast Michigan.

As of 2019, ten creative arts therapists (music, dance/movement, and art therapist independent contractors) provide services to the following:

Arc of Oakland County

Heartland Healthcare Center-Bloomfield Hills

Lourdes Senior Community

Macomb County CMH (Medicaid Child Waiver Clients)

MDHHS Hawthorn Center

Oakland Community Alternatives

Penrickton Center for Blind Children

Private pay/third party reimbursement individual clients.

Royal Oak Schools

Music Therapy Clinician and Consultant

Detroit Symphony Orchestra Community Engagement (2016-Present)

Developed and implemented a Music Therapy Pilot program in collaboration with Wayne State University Institute of Gerontology and American House Memory Care.

The Music Therapy Pilot consisted of six music therapy sessions for memory care residents accompanied by a DSO musician in April-May 2017.

Community Engagement Presentations with DSO Musicians in September 2017 and October 2018. DSO Outreach and Engagement Programming at Kadima Mental Health Services, Fall 2018 and Spring 2019.

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PROFESSIONAL EXPERIENCE continued

Vistas Nuevas Head Start (1991-2007)
Oakland Schools Autistic Program (1992-1994, 1999-2000)
Detroit Psychiatric Institute (1990-1997)
Detroit Osteopathic Hospital (1991-1992)

MICHIGAN STATE UNIVERSITY-COLLEGE OF MUSIC 2002 - 2007
East Lansing, Michigan

Graduate Teaching Assistant, Music Therapy Area
Music Therapy Clinical Supervisor
Lecturer, Music Therapy Area
MUS 370: Music Therapy Behavior Measurement and Assessment
MUS 371: Music Therapy Treatment Planning and Case Management
MUS 470: Music Therapy Mental and Behavioral Disorders
MUS 471: Music Therapy Physical and Developmental Disabilities

CENTER FOR CREATIVE STUDIES-INSTITUTE OF MUSIC AND DANCE 1989 - 1991
Detroit, Michigan

Director of Administration
CCS-Institute of Music and Dance (1990-1991)
Director, School of Performing Arts Special Education
CCS-Institute of Music and Dance (1989-1991)
Music Therapy Clinician
Detroit Psychiatric Institute (1990-1991)
Guest Lecturer/Co-Instructor
CCS-College of Art and Design
"Introduction to Creative Arts Therapies"

FAR CONSERVATORY OF THERAPEUTIC AND PERFORMING ARTS 1988 - 1989
Birmingham, Michigan

Music Therapist

FULL CIRCLE COMMUNITY CENTER 1985 - 1989
Ypsilanti, Michigan

Executive Director (1987-1989)
Awarded \$45,000 Michigan State Housing Development Authority grant for facility renovation.
Program Coordinator (1985-1987)

UNIVERSITY OF MICHIGAN PSYCHIATRIC HOSPITALS 1983 - 1985
Ann Arbor, Michigan

Activity Coordinator/Music Therapist
Adolescent Services (1984-1985)
Music Therapy Intern
Child/Adult Psychiatric Hospitals (1983-1984)

PUBLICATIONS

Stark, J. C. (2018). Looking back and moving forward: 25 years of a music therapy business. *Music Therapy Today*, 14(1), 15-16.

Kiernan, J. M., Stark, J. C., & Vallerand, A. H. (2018). Music interventions as a mitigant of chemotherapy-induced nausea and vomiting: a PRISMA-based systematic review of the literature. *Oncology Nursing Forum*, 45(1), 88-95. doi: 10.1188/18.ONF.88-95.

PUBLICATIONS continued

Stark, J. C. (2012). *Perceived benefits of group music therapy for breast cancer survivors: Mood, psychosocial well-being, and quality of life* (Doctoral dissertation). Available from ProQuest LLC database. (UMI No. 3506104)

Tims, F. C., & Stark, J. C. (2005). Improvisational music therapy: Drawing on the basic tenets of Analytical Music Therapy (AMT). *Book of Abstracts of the 11th World Congress of Music Therapy: Music Therapy: From Lullaby to Lament*. (Brisbane, Queensland, Australia)

Conradi, J. (1989). Book review. [Review of the book *Music therapy clinical training manual*, by M. E. Boyle & R. Krout]. *Music Therapy Perspectives*, 7, 81.

PRESENTATIONS

“The Role of Music in the Lives of People with Disabilities.” Presented at AFA Michigan – Arts for All (formerly VSA Michigan) 2019 Affiliate Planning Meeting / Workshop, Ralph A. MacMullen DNR Conference Center, August 24, 2019, Higgins Lake, Roscommon, Michigan.

“This is the Human Brain...On Music!” Presented at Michigan State University Science Festival, Detroit Expo Day at Belle Isle Park, Dossin Great Lakes Museum, April 14, 2019, Detroit, Michigan.
<https://sciencefestival.msu.edu/Event/Featured/13>
<https://sciencefestival.msu.edu/Event/View/1169>

“Your Brain and the Powerful Impact of Music.” Presented at Alzheimer’s Association Community Connect, October 10, 2018, West Bloomfield, Michigan. (with DSO Cellist Jeremy Crosmer)

“Feel the Music! Music Therapy in the Medical Setting.” Presented at 2018 DMC Nurses Week Conference, May 11, 2018, Motor City Casino Sound Board, Detroit, Michigan.

“This is the Human Brain...On Music!” Presented at Michigan State University Science Festival, Detroit Expo Day at Belle Isle Park, Dossin Great Lakes Museum, April 15, 2018, Detroit, Michigan. <http://sciencefestival.msu.edu/Event/View/198>

“MSU Community Music Schools: Providing a Diversity of Music Therapy Outreach and Engagement.” Presented at the 65th Annual Conference, Great Lakes Region of the American Music Therapy Association, April 14, 2018, Ypsilanti, Michigan. (with Cindy Lu Edgerton)

“Experience the Diversity of Creative Arts Therapies: Music, Dance/Movement and Art Therapy.” Presented at the 65th Annual Conference, Great Lakes Region of the American Music Therapy Association, April 13, 2018, Ypsilanti, Michigan. (with Cindy Babcock, Karen Basy, Shannon Barnes, Ashley DeLaFranier, Laurie Herman, Margaret McGuinness, and Lynn Newman.)

“Creative Cultivating Great Businesses in the Great Lakes.” Presented at the 65th Annual Conference, Great Lakes Region of the American Music Therapy Association, April 11, 2018, Ypsilanti, Michigan. (with Sara Devine, Jennifer Hicks, Betsey Zenk Nuseibeh, Nancy Swanson, and Jennifer Whitlow.)

“Music and Art Therapy” Presented at DMC 15th Annual Just For You, Edgewood Country Club, October 6, 2017, Commerce Township, Michigan. (with Erin Keith)

“Community Health – Dissolving Disparities” Presented at Detroit Institute of Arts, Arts and Health Symposium, September 26, 2017, Detroit, Michigan. (Invited Panel Presenter)

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PRESENTATIONS continued

- “Your Brain and the Powerful Impact of Music.” Presented at Alzheimer’s Association Community Connect, September 13, 2017, West Bloomfield, Michigan. (with DSO Violinist Laurie Landers Goldman)
- “Looking Back and Moving Forward: 25 Years of a Music Therapy Business” Presented at the 15th World Congress of Music Therapy, July 8, 2017, Tsukuba, Ibaraki Prefecture, Japan.
- “Where Words Fail...How Music Speaks” Presented at Michigan State University Science Festival, Detroit Expo Day at Belle Isle Park, Dossin Great Lakes Museum, April 9, 2017, Detroit, Michigan.
- “Music Therapy in Memory Care: DSO & American House Music Therapy Pilot” Presented at Detroit Symphony Orchestra, Musicians in Health and Wellness Professional Development, March 22, 2017, Detroit, Michigan. (Invited Panel Presenter)
- “Creative Arts Therapies for Children and Adolescents with Severe Emotional and/or Behavioral Disorders: Music, Dance/Movement, and Art Therapy.” Presented at the Michigan Department for Health & Human Services - Hawthorn Center, November 1, 2016, Northville, Michigan. (with Karen M.L. Barsy, Laurie Herman, and Margaret McGuinness)
- “Creative Interventions for Individuals with Visual Impairments: Let’s Move and Groove!” Presented at the Michigan Chapter Association for Education and Rehabilitation of the Blind and Visually Impaired Annual Conference, April 29, 2016, Livonia, Michigan. (with Karen M.L. Barsy and Ashley DeLaFranier)
- “Where Words Fail...How Music Speaks” Presented at Michigan State University Science Festival, Detroit Expo Day at Belle Isle Park, Dossin Great Lakes Museum, April 24, 2016, Detroit, Michigan.
- “Where Words Fail...How Music Speaks” Presented at Michigan State University Science Festival Detroit Day, Scarab Club, April 19, 2015, Detroit, Michigan.
- “MSU Community Music School: Detroit Outreach and Collaboration through Music and Dance/ Movement Therapy” Presented at the Society for Arts in Healthcare Conference, May 4, 2012, Detroit, Michigan.
- “CMS-Detroit *COTS Kids Create!* Music and Dance-Movement Therapy for At-Risk Preschoolers” featured stop on the Society for Arts in Healthcare Conference Community Bus Tour, May 2, 2012, Detroit, Michigan.
- “Group Music Therapy for Breast Cancer Survivors: Addressing Quality of Life Needs” Poster presented at the American Music Therapy Association Conference, November 19, 2011, Atlanta, Georgia.
- “MSU-Detroit Outreach through Early Childhood Music and Music Therapy” Poster presented at the National Outreach Scholarship Conference, October 3, 2011, East Lansing, Michigan. (with Julie Kastner)
- “Perspectives on Self-Employment in Music Therapy” Presented at the Michigan Music Therapists Spring Workshop, April 17, 2010, Battle Creek, Michigan. (with Jaime Merritt and Kellee Coviak)
- “The Effects of Group Music Therapy on Psychosocial Well-Being and Quality of Life of Breast Cancer Survivors: Doctoral Research in Progress.” Presented at the International Conference on Music Therapy and Supportive Cancer Care, March 26, 2010, Windsor, Ontario, Canada.

PRESENTATIONS continued

- “Let the Music Move You!” Presented at the 11th Annual Art of Aging Workshop, Wayne State University, Institute of Aging, March 25, 2010, Detroit, Michigan. (with Cindy Babcock and Laurie Herman)
- “Music & Imagery Part I: Supportive and Re-educative Music & Imagery.” Presented at the 20th Conference of the Association for Music and Imagery, June 25, 2009, Techny, Illinois. (with Frances Smith Goldberg, Elaine Abbott, Suzannah Scott-Moncrieff, Laura Pawuk, and Deborah Phelps)
- “Part I: Music Therapy with At-Risk Children.” and “Part II: Integrating Music into Treatment with At-Risk Children.” Presented July 29 and September 24, 2008, at Christ Child House, Detroit, Michigan.
- “Our Journey: A Story of Therapist-Client Experiences in Supportive Guided Imagery & Music.” Presented at the 2nd International Conference on Narrative Inquiry in Music Education, Narrative Gallery, February 7, 2008, Arizona State University, Tempe, Arizona.
- “International Student Roundtable: Strategies for Student Success.” Presented at the American Music Therapy Association’s 9th Annual Conference, November 16, 2007, Louisville, Kentucky. (with Eunmi Emily Kwak)
- “Multicultural Issues in the 21st Century: Becoming a Culturally Responsive Music Therapist.” Presented at the American Music Therapy Association’s 8th Annual Conference, November 18, 2006, Kansas City, Missouri. (with Frederick Tims)
- “Spontaneous Song Development in Music Therapy.” Presented at the Michigan Music Therapists Fall Conference, September 16, 2006, Michigan State University, East Lansing, Michigan. (with Cindy Edgerton)
- “International Student Roundtable.” (Co-Facilitator) Presented at the 53rd Annual Conference, Great Lakes Region of the American Music Therapy Association, March 25, 2006, Novi, Michigan. (with Ed Roth)
- “Different Backgrounds, Common Goals: Music, Dance-Movement, and Art Therapies.” Presented at the 53rd Annual Conference, Great Lakes Region of the American Music Therapy Association, March 25, 2006, Novi, Michigan. (with Cindy Babcock, Karen Barsy, Lourie Davis, Laurie Herman, Katie Hutchens, and Wendy Sprague)
- “Multicultural Issues in the 21st Century: Becoming a Culturally Responsive Music Therapist.” Presented at the 53rd Annual Conference, Great Lakes Region of the American Music Therapy Association, March 24, 2006, Novi, Michigan. (with Frederick Tims)
- “Improvisational Music Therapy: Drawing on the Basic Tenets of Analytical Music Therapy (AMT).” Presented at the 11th World Congress of Music Therapy, July 22, 2005, Brisbane, Queensland, Australia. (with Frederick Tims)
- “Self-Employment and Program Development in Music Therapy: Perspectives in Private Practice.” Presented at the Michigan Music Therapists Spring Conference, May 14, 2005, Lowell, Michigan. (with Dawn Emrick, Megan Gunnell, and Teri Holmberg)

PRESENTATIONS continued

“Improvisational Music Therapy: Drawing on Procedures from Priestley’s Analytical Music Therapy (AMT).” Presented at the American Music Therapy Association’s 6th Annual Conference, November 19, 2004, Austin, Texas. (with Diana Ramette and Frederick Tims)

“The Value of Music Improvisation Groups for Personal Growth, Peer Support, and Burn-Out Prevention.” Presented at the 51st Annual Conference, Great Lakes Region of the American Music Therapy Association, March 19, 2004, Indianapolis, Indiana. (with Frederick Tims)

MEDIA INTERVIEWS/FEATURES

Detroit Public Television *Detroit Performs* feature on the DSO and Creative Arts Therapies, Inc. collaborative work with individuals served by Kadima Mental Health Services. Originally broadcast on August 6, 2019.
<https://www.detroitperforms.org/2019/07/expressions-through-art-902/>

Children’s Hospital of Michigan Foundation feature on Music Therapy at Children’s Hospital of Michigan. Published on March 28, 2019.
<https://www.youtube.com/watch?v=jjC8bVA4OJg&t=35s>

Charlton, C. (2018, February 12). How creative arts therapies support the mental health of Michigan children. *Model D Media*. Retrieved from
<http://www.modeldmedia.com/features/creative-arts-therapies-021218.aspx>

Detroit Public Television *Detroit Performs* feature on Creative Arts Therapies, Inc. Dance/Movement Therapist Karen Barsy, and the services provided to Penrickton Center for Blind Children. Originally broadcast on September 23, 2015.
<http://www.detroitperforms.org/2015/09/detroit-performs-tv-therapeutic-art/>

Bulanda, G. (Spring 2015). Mood music: Singing, playing, or simply listening can be a powerful healing force. *Hour Detroit Health Guide*, 24-25.
<https://www.hourdetroit.com/guides/health-guide-spring-2015-digital-edition/>

Detroit Public Television *A Wider World* feature on the Community Music School - Detroit Music Therapy Clinical Services. Originally broadcast on June 7, 2011.
<https://www.youtube.com/watch?v=09Vzm9tuSRY> (Part 1)
https://www.youtube.com/watch?v=73L0j_jQnAk (Part 2)

PROFESSIONAL & COMMUNITY SERVICE/AFFILIATIONS

AFA Michigan – Arts for All (formerly VSA Michigan) Trustee, Board of Directors (2019-Present) Chair, Southeast Regional Festival Committee (2020-)	2019 - Present
World Federation of Music Therapy Professional Member (2017-2020, 2014-2017)	2014 - Present
American Music Therapy Association, Professional Member Assembly Delegate and Alternate, Great Lakes Region (2008-2015, 2017-2019) Great Lakes Region of AMTA, Professional Member (1998-Present) Chair, GLR Conference Hospitality and Sponsors Committee (2018) Great Lakes Region Student Advisor (2008-2012) Co-Chair, GLR Conference Program Committee (2006)	1998 - Present
Michigan Music Therapists, Professional Member MMT Vice President (1992-1994) MMT Public Relations Representative (1986-1988)	1983 - Present

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PROFESSIONAL & COMMUNITY SERVICE/AFFILIATIONS continued

VSA Michigan (formerly Very Special Arts Michigan) Trustee, Board of Directors (2018-2019) Chair, Southeast Region/Regional Festival Committee (1997-2019) Secretary, Southeast Region (1995-1997) Fund Development Chair, Southeast Region (1993-1995)	1993 - 2019
Society for Arts in Healthcare (now the Arts & Health Alliance) Organizational Member (CMS – Detroit)	2012 - 2014
Association for Music and Imagery Associate Member (2007-2009)	2007 - 2009
National Association for Music Therapy, Professional Member Great Lakes Region of NAMT, Professional Member (1983-1998) GLR Conference Program Committee (1995)	1983 - 1998

OTHER PROFESSIONAL SERVICE

Master's Thesis Committee Member Debra Gombert, St. Mary of the Woods College	2010
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AWARDS AND HONORS

Emerging Engagement Scholar National Outreach Scholarship Conference East Lansing, Michigan	2011
VSA Educator of the Year/Michigan Youth Arts Touchstone Award Michigan Youth Arts Festival Kalamazoo, Michigan	2011
Anonymous Friend of Music Therapy Scholarship Michigan State University College of Music	2010
Florence Tyson Scholarship Anna Maria College Institute for Music and Consciousness	2008
Robert F. Unkefer Music Therapy Endowed Scholarship Michigan State University College of Music	2007 - 2008
Graduate Merit Fellowship Michigan State University College of Music	2007
Pi Kappa Lambda National Music Honor Society Michigan State University	
MSU Catherine Herrick Cobb Performing Arts Scholar	2004
MSU Catherine Herrick Cobb Performing Arts Scholar	2003
E. Thayer Gaston Music Therapy Writing Award National Association for Music Therapy, Inc.	1983
Performing Arts Scholarship Colorado State University	1979 -1983